



# Teacher Training Workshop

Learn how to creatively implement the Fresh from the Farm program in your school! Engage in hands-on training sessions, explore a local farm, network with fellow teachers and learn from experienced garden and wellness educators.

## TRAINING SESSIONS AND SCHEDULES

### Session 1 Fresh from the Farm: An Introduction

*Monday, March 22, 2010 or  
Wednesday, March 24, 2010*  
4pm-6pm at the Lincoln  
Park Whole Foods,  
1550 N. Kingsbury St.,  
Chicago, IL

This introduction will provide teachers with the background information and history of the Fresh from the Farm program, resources and tools for implementing the curriculum, and connections to state learning standards. Participants will hear from Golden Apple Teacher Sandy Noel from Oak Park District 97 on the connections between health and academic performance.

### Session 2 Exploring School Gardens

*Friday, April 9, 2010 or  
Saturday, April 17, 2010*  
9am-3:30pm at Waters  
Elementary School,  
4540 N. Campbell Ave.,  
Chicago, IL

This workshop will take teachers out of the classroom and into Chicago's largest school garden with veteran garden educator, Pete Leki. Teachers will learn how to plan and develop a school garden, get families and community members involved, and utilize the garden as an outdoor classroom. Participants in this workshop will also have the opportunity to get their hands dirty working in the soil while singing garden songs! Lunch is included.

### Session 3 Fresh from the Farm in the Classroom

**5th grade observations**  
*Thursday, April 15, 22 or 29,*  
2010 at 1:30pm-3:45pm, St.  
Ann Elementary, Chicago, IL

**4th grade observations**  
*Friday, April 16, 23 or 30,*  
2010 at 1:00pm-3:15pm, St.  
Ann Elementary, Chicago, IL

**3rd grade observations**  
*Wednesday, April 15, 2010* at  
9:30am-11:45am, McAuliffe  
Elementary, Chicago, IL

This session will take teachers into the classroom to observe a Fresh from the Farm lesson being implemented. Teachers will have the choice of observing a 3rd, 4th or 5th grade classroom followed by discussion. In this session teachers will also learn how to incorporate the Fresh from the Farm teaching tools, utilize community resources to enhance the program elements and integrate developmentally appropriate literature with the Fresh from the Farm text set.

### Session 4 Fresh from the Farm Field Experience

*Saturday, May 15, 2010 or  
Saturday, May 22, 2010*  
9:30am-2pm, The Green  
Earth Institute, 10S404  
Knoch Knolls Road,  
Naperville, IL

Take a field trip to a local organic farm and get your hands in the soil, harvest fresh fruits and vegetables, meet a farmer, and learn about the cultivation of local and organic foods. Teachers will take away memorable stories and key knowledge about growing healthy foods. Lunch is included.

## TRAINING SESSION PRICE: \$100.00 TOTAL FOR ALL FOUR SESSIONS

*Participants earn one CPDU per hour of workshop participation.*

## REGISTRATION

To register for Fresh from the Farm workshops or for more information, please contact Melissa Tobias or Courtney Woods. Mail, fax or attach the Registration Form with payment to:

**Courtney Woods**  
Seven Generations Ahead  
642 S. Lombard Ave., 2nd floor  
Oak Park, IL 60304

Fax: 708.660.9913  
Email: [courtney@sevengenerationsahead.org](mailto:courtney@sevengenerationsahead.org)



[www.sevengenerationsahead.org](http://www.sevengenerationsahead.org)



# Teacher Training Registration

## CONTACT INFORMATION

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

School \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

## TRAINING SESSIONS

*Note: We have provided several date options for each session.  
Choose one date per session.*

### Session 1 - Fresh from the Farm: An Introduction

Monday, March 22     Wednesday, March 24  
Lincoln Park Whole Foods, 1550 N. Kingsbury St., Chicago  
4:00pm to 6:00pm

### Session 2 - Exploring School Gardens

Friday, April 9     Saturday, April 17  
Waters Elementary School, 4540 N. Campbell Ave., Chicago  
9:00am to 3:30pm

### Session 3 - Fresh from the Farm in the Classroom

**5th Grade Observations**  
 Thursday, April 15     Thursday, April 22     Thursday, April 29  
St. Ann Elementary, 2211 W. 18th Place, Chicago  
1:30pm to 3:45pm

**4th Grade Observations**  
 Friday, April 2     Friday, April 16     Friday, April 23  
St. Ann Elementary, 2211 W. 18th Place, Chicago  
1:00pm to 3:15pm

**3rd Grade Observations**  
 Wednesday, April 14  
McAuliffe Elementary, 1841 N. Springfield Ave., Chicago  
9:30am to 11:45am

### Session 4 - Fresh from the Farm Field Experience

Saturday, May 15     Saturday, May 22  
The Green Earth Institute & Farm  
10S404 Knoch Knolls Rd, Naperville  
9:30am to 2:00pm

## PAYMENT INFORMATION

*Price: \$100.00 total  
for all four sessions  
Lunch is included for Sessions 2 and 4*

### Credit Card

Visa  
 Discover  
 American Express  
 Check Enclosed  
*(payable to Seven Generations Ahead)*

### Card Number:

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### Expiration Date:

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### Billing Address:

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### Name on Card:

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Mail, fax, or email this sheet to:

**Courtney Woods**  
Seven Generations Ahead  
642 S. Lombard Ave., 2nd floor  
Oak Park, IL 60304

Fax:  
708.660.9913

Email:  
[courtney@sevengenerationsahead.org](mailto:courtney@sevengenerationsahead.org)



[www.sevengenerationsahead.org](http://www.sevengenerationsahead.org)